

Centerburg Lions Club  
Assisted by The Heart of Ohio Trail Friends  
**15<sup>th</sup> Annual Heart of Ohio 5-K**



Centerburg Community Memorial Park  
At the intersection of State Routes 3 and 314

**September 15, 2007**

The 5-K Walk/Run will be raced upon the scenic Heart of Ohio Trail,  
which is part of the ever developing Ohio to Erie Trail.

**Registration: 7:30 A.M.**

**Start Time: 8:30 A.M.**

Afterward, be sure to stay at the Park to enjoy  
Centerburg's Oldtime Farming Festival!



For registration forms or more  
information on the Festival, please  
contact: Lions Club Member  
Sandy McCann at 740-625-6799

Registration forms may be downloaded at: [www.heartofohiotrail.org](http://www.heartofohiotrail.org)

# Centerburg Lions Club 15<sup>th</sup> Annual Heart of Ohio 5-K



Saturday, September 15, 2007  
Centerburg Community Memorial Park,  
At the intersection of State Routes 3 & 314

Registration begins at 7:30 A.M. at the Centerburg Community Memorial Park northeast of Centerburg. Registration area and start/finish line will be adjacent to the rear corner of the Park at the water tower. Please park in designated Festival Parking, which is a grass lot on State Route 3 across from the Park. The race/walk starts at 8:30 A.M.

The course will be raced upon the scenic Heart of Ohio Trail, which is part of the ever developing Ohio to Erie Trail. The length of the race is 5-Kilometers (3.1 miles) consisting of 2.5 Kilometers out and back.

The pre-registration fee to run/walk is \$15.00, if postmarked by September 1<sup>st</sup>. The registration fee to run or walk is \$20.00 after September 2<sup>nd</sup>. Registration will be accepted the day of the race until 8:15 A.M. Please make checks payable to the Centerburg Lions Club. All proceeds from this event will benefit Lions charities.

Awards will be presented to the top three male and female participants. Medals will be presented to the top three participants in each age division. Every participant will receive a participation ribbon. T-Shirts will be awarded to the first thirty registrants. Water will be provided on the course with refreshments provided by the trail friends at the finish line. Afterward, be sure to stay at the Park and enjoy the old-fashioned festivities at the CENTERBURG OLDTIME FARMING FESTIVAL!

Please complete and detach the form below, then mail to: Centerburg Lions Club, c/o Sandy McCann, 2900 Ball Road, Centerburg, Ohio 43011. Additional information may be obtained by phoning 740-625-9301.

-----Clip Here-----

Name \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_ Age on Day of Race \_\_\_\_\_ T-Shirt Size \_\_\_\_\_

Small, Medium, Large, X-Large

Address \_\_\_\_\_

In consideration of the foregoing, I for myself, my executors, administrators and assigns, do hereby release and discharge the Centerburg Lions Club and Lions Club International, the Heart of Ohio Trail Association, the Village of Centerburg, the Central Ohio Joint Fire District, Hilliar Township, Knox County and private property owners from all claims of damages, demands, actions and causes of action whatsoever in any manner arising out of my participation in the Heart of Ohio 5-K. I have full knowledge of the risks involved and certify that I am physically fit and sufficiently trained to race or walk.

Signature of Participant or Guardian if Participant is a Minor \_\_\_\_\_